

## **Temperament – A Method of Diagnosis in Electro-Homeopathy**

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### **Abstract:**

*Electro homeopathy is a system of medicine introduced by Count Cesar Mattie of Bologna, Italy in the year 1865 1. Temperament is the feature of a person's personality which is present at birth and has a genetic or biological basis. This interacts with the environment influence to create a person's personality. A person's disposition and lifestyle is his/her temperament 2. Count Cesare Mattie classified temperaments into 3 main categories i.e. lymphatic, sanguine and mixed temperament. In the later ages, 2 more temperaments were found i.e. bilious and nervous temperament 3. The temperament is identified by the way a person reacts to the environmental stimulus.*

**Keywords:** *Electro-Homoepathy, Treatment, Diabets.*

### **Introduction:**

Electro homeopathy is the system of medicine discovered by famous Italian research worker Count Cesar Mattie in 1865. It is the independent system of medicine with its own philosophy, pharmacy, and procedure of clinical examination of patient and is based on the principle of "COMPLEXA COMPLEXIS CURANTUR". It is a harmless, natural, herbal, scientific and perfect system of medicine. As per Count Cesar Mattie, Electro homeopathy is composed of three different words i.e. electro, homeo, pathy. Electro is the bio energy which is present in the plants and collected by them in the form of potential energy. They collect warmth energy magnetism and electricity which are converted to vibrating energy and tone up the cell activity when taken in the body in homeostasis position. Homeostasis is balances and controls the normal life process of the organism and external factors. Derangement of internal and external factors of homeostasis brings vitiation of lymph and blood which causes disease or breakdown of state of equilibrium between blood and lymph. Electro homeopathy when applied internally maintains homeostasis, purifies blood and lymph and brings healthy state of body and mind. Pathy is a mode of treatment by some definite law 4.

Temperament or constitution is the characteristic feature of human body. In electro homeopathy, the treatment is based on temperament of the patient. Before choosing a right medicine for a patient, a doctor must know his patient's temperament. According to Count Cesare Mattie, there are 3 types of temperament i.e. sanguine, lymphatic and mixed temperament. Thus, Count Cesare Mattie prepared medicines based on these 3 temperaments. Each temperament has its own remedies.

**METHODS :**

Since temperament is nothing but the characteristic of the person, a physician has to carefully observe the patient, his physique, symptoms, behavior and emotional state. Temperament is different for each individual. This doesn't mean the same person has same temperament throughout his life. A person's temperament changes with time in certain circumstances. For instance, if a person with particular temperament consumes alcohol or some kind of drugs or underwent shock, his temperament changes under those particular circumstances.

Following are the characteristics of different temperaments:

- 1) Sanguine temperament: Sanguine temperament is traditionally associated with air, warm and moisture. Thus, this person will be courageous, carefree, playful and hopeful. He/she is extrovert, fun-loving, activity prone, impulsive, entertaining, optimistic, pleasure seeking, easily amused, tendency to get nervous. He/she is prone to hemorrhage, inflammation, sinusitis, brain disease, may collapse with hypotension or hypertension, diseases of heart, of arteries, of veins or even capillaries <sup>5</sup>.

Signs include:

- Bright red complexion and high fresh color of the lips and gums, throat, tongue conjunctiva of eyes.
  - Tendency of bleeding piles, constipation, vertigo, palpitation, varicose veins.
  - Bloodlessness and cold limbs.
  - Quick frequent regular pulse with rapid circulation.
  - Blood and urine are acid in nature.
  - Hands and feet are moist.
  - No tendency of swelling and cold.
  - Vigorous appetite associated with headache, giddiness, and sleeplessness.
  - In females, early and profuse menses.
  - In children, tendency of cold, chest disease, constipation, fever, whooping cough.
  - Angiotico is the principle remedy and the only remedy.
  - Scrofoloso almost aggravates the symptoms <sup>6</sup>.
- 2) Lymphatic Temperament: A lymphatic temperament is thought to have too much of lymph in blood. Physical appearance is fair, flabby, fat, pale looking, lacks energy. There is general tendency for skin eruption, cold, cough, stomach diseases, and suppuration of glands, leucorrhoea and piles<sup>5</sup>.

SIGNS INCLUDE:

- Disease of mucous membrane, glands, digestive and secretive glands.
- Pale, shallow complexion of the body, lips and gums.
- Sluggish intelligence, heavy sleep, slows circulation.
- Defective digestion, constipation with less activity.
- Blind piles, congestion, varicose vein, glandular swelling in early life.
- In females, suppressed, late, scanty, irregular, menses or leucorrhoea etc are found.
- Children with this constitution have large head, pallor, suffer from broncho-pneumonia, whooping cough, measles, chicken pox etc. catarrh of nose, ear, eyes, throat, stomach, intestine.
- If acute or sub acute disease of lymphatic constitution is not cured it may it may change to mixed constitution.
- Scrofuloso along with linfatico is the remedy, whatever the illness may be.

3) Mixed temperament: Results from the predominance of circulation of both blood as well as lymph. People of this constitution often have tendency if disease of glandular tissues, glandular organs, cellular tissues, blood and lymph, as result of insufficient excretion of toxins and foreign bodies. All chronic disease are the basis of mixed constitution that requires the most careful treatment in order to be cured.

a. Bilious temperament: This results from the superabundance of bile having following signs:

- Black dark hair
- Yellow skin.
- Strong hard frequent pulse.
- Strong bones.
- Muscles firmly developed and sharp incisive movement.
- Irritability and tenacity inclination perseverance.
- Precautious intelligence.
- Courage, audacity, firmness.
- Alkaline blood and urine.

- Angiotico, scrofoloso-5 and febrifugo-1 act internally on liver and blood.
- b. Nervous temperament: This is developed on the foundation of disorder of metabolism of insufficient nourishment of the nerves .

This corresponds to the circulation of force and organs appertaining to same nerves.

**SIGNS INCLUDE:**

- Pale colour.
- Emaciation in general.
- Soft muscles.
- Delicate skin.
- Thin hairs.
- Studious habit.
- Sedentary lifestyle.
- Strong emotion
- The people of this constitution require minute dose.
- Febrifugo-1 is the remedy of choice.
- Baths if febrifugo-1 can calm down the temper when suddenly excited.
- Electricity: white or yellow electricity are required 6.

**CONCLUSION:** Electro homeopathy is a system of medicine based purely on herbal remedies. By finding out the temperament of the patient, physician is able to diagnose the conditions with much ease and is capable to prescribe the suitable remedies for the same.

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